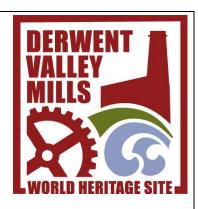
## Hapazome & Embroidery (Flower & Leaf Pounding)







#### How this links with the Derwent Valley Mills World Heritage Site:

This activity uses fabric, flowers and embroidery. The Derwent Valley is exceptionally rich in wildlife, with internationally important ash and oak woodlands, and an abundance of wildflower meadows and pastures. There is also a long tradition of embroidering flowers and images onto stockings known as 'chevening'. Look at the images of wildflowers and Chevening embroidery on the back page.

#### You will need:

- A square of calico fabric 30cm x 30cm
- Embroidery Threads
- Needle
- Embroidery hoop
- Scissors
- Sellotape
- Flowers and leaves from your garden, choose ones with bright colours and juicy petals or leaves. Red Geraniums, Peonies, ferns work well, you may need to try some out on paper first.
- A large pebble or hammer
- A hard surface or old chopping board
- Masking tape if you have any





#### How to have a go:

#### Step 1:

Take a flower or leaf, lay it on the square of fabric and tape it down.



#### Step 2:

Cut off the back of the flower if it is sticking up and tape down the centre.



#### Step 3:

Turn the fabric over and lay it on a chopping board or hard surface. Using a large pebble or hammer, pound the flower so it leaves a print onto your fabric.



#### Step 4:

Peel off the pounded flowers and continue adding more flowers and leaves to your design.



#### Step 5:

Once you are happy with your design, remove all the pounded flowers and leave to dry.



#### Step 6:

Put the fabric into your hoop.



#### Step 7:

Embroider around the outline of the flowers and leaves using the threads and needles. Look at the 'chevening' patterns on the back page and try these on your embroidery.



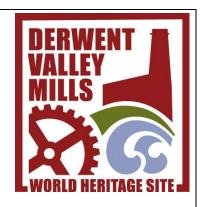
#### Step 8:

When you have finished embroidering on your design, you can remove from the hoop and put it in a picture frame, or hang it from a stick.



# Resource Sheets For Hapazome & Embroidery







Images of chevening patterns Courtesy of Belper North Mill Trust









Images of Cheveners Courtesy of Belper Historical Society





Images: Jenny Anthony



Clover



Foxglove







Campion





Himilayan Water Balsam

### Please let us know what you think of this activity and share your work with us

When you have had a go at this activity, we'd love to hear what you think, or see your work. Please send us any feedback below by 12<sup>th</sup> October 2020.

**Post us your work** – If you would like to post us any of your work or let us know what you think of this activity with a note with your name and address (and age if you'd like to share that). We are hoping to have an exhibition in the Autumn on one of the mill sites of the work created by people all along the valley. We will return all your work to you after the exhibition.

#### Postal address:

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Send us a photo – Email a photo of your creation to info@derwentvalleymills.org

**Social Media** – If you use social media use #DVMWHSCreativity and post the images of your work and tag us at:

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Facebook: @DerwentValleyMillsWHS

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Twitter: @DVMillsWHS



Instagram: @DerwentValleyMillsWHS

Hope you enjoy doing this craft activity!